



**BHARATI VIDYAPEETH  
COLLEGE OF PHARMACY, PALUS**

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**Activity Report: Samaaj Prabodhan Saptah 2k26**

**Date: January 13, 2026**

Bharati Vidyapeeth College of Pharmacy, Palus actively organized a series of socially relevant outreach programs under “Samaaj Prabodhan Saptah 2026” with the objective of promoting community welfare, health awareness, and social responsibility among students and the local community. These programs were conducted in remembrance of the birth anniversary of Late Dr. Patangrao Kadam, Founder of Bharati Vidyapeeth, Pune, and to commemorate the birthday of Dr. Vishwajeet Kadam, Secretary, Bharati Vidyapeeth, Pune. The initiatives reflect the institution’s commitment towards holistic education, value-based learning, and societal development. The objectives of organizing Samaaj Prabodhan Saptah 2026 were to inculcate social responsibility among students, promote preventive healthcare practices, create awareness regarding health and hygiene, support underprivileged sections of society, and empower adolescent girls with knowledge of nutrition, physical activity, and healthy lifestyle practices. As a part of social welfare activities, a Gift Offering Program was organized on 12 January 2026. Food items and educational materials were distributed to students of Zilha Parishad Shala, Palus Colony. The program was inaugurated by Principal Dr. Ashok A. Hajare, who emphasized the importance of compassion, service, and inclusive education. He paid homage to Late Dr. Patangrao Kadam for his exceptional contributions to social, political, and educational development.

**Health Check-up Camp (13 January 2026)** On 13 January 2026, a Health Check-up Camp was successfully conducted at Ganesh Mandir, Palus. The camp provided essential healthcare services such as blood pressure measurement, blood glucose testing, hemoglobin estimation, BMI calculation, blood grouping, and general medical counseling. The program witnessed active participation from NSS volunteers, faculty members, and students. A total of 102 beneficiaries availed the services.

**Guest Lecture on Balanced Diet and Exercise (13 January 2026)** On the same day, a guest lecture titled “Balanced Diet and Exercise: The Key to a Healthy Life for

Adolescent Girls” was organized in the seminar hall. The lecture was delivered by Dr. Minakshi Sawant, In-charge, Bharati Rural Hospital and Training Center, Palus. The session focused on the importance of balanced nutrition, physical activity, personal hygiene, mental health, and stress management during adolescence. The lecture empowered adolescent girls with scientific knowledge and practical guidance necessary for healthy growth, development, and self-awareness.

The programs were successfully conducted with the collective efforts of the Principal, faculty members, NSS volunteers, non-teaching staff, and students of Bharati Vidyapeeth College of Pharmacy, Palus. Active student involvement provided experiential learning opportunities and strengthened their understanding of community-oriented healthcare and social service. The activities resulted in increased awareness regarding health and hygiene, early detection of common health issues, improved understanding of nutrition and lifestyle management among adolescent girls, enhanced leadership and teamwork skills among students. The successful execution of the Gift Offering Program, Health Check-up Camp, and Guest Lecture under Samaj Prabodhan Saptah 2026 highlights the strong commitment of Bharati Vidyapeeth College of Pharmacy, Palus towards social outreach and community development.

#### **PHOTOS OF ACTIVITES:**



**Honorable Principal Dr. Ashok Hajare expressed with views.**



**Educational material distribution at Zilha Parishad Shala, Palus Colony, under Samaj Prabodhan Saptah 2026**



**Inauguration of Health Check-up Camp by Principal Dr. Ashok A. Hajare**



**Determination of Blood Glucose Level, Blood Pressure Hemoglobin, Blood Group and BMI**



**Introduction and Welcome of Chief Guest**



**Speech by Dr. Minakshi Sawant**

**Co-ordinator  
Ms. R. M. Kadam**