



BHARATI VIDYAPEETH COLLEGE OF PHARMACY, PALUS

Activity Report – Ayurvedic Treatments and Naturopathy Camp

Date: October 04, 2025

Bharati Vidyapeeth College of Pharmacy, Palus successfully organized a health camp on “Ayurvedic Treatments and Naturopathy” in collaboration with Green Ayur Star. The event aimed to provide in-depth knowledge of Ayurveda and natural healing methods to the teaching and non-teaching staff, as well as students, while also promoting awareness about holistic health and wellness.

In addition to the lecture, a free health check-up was conducted in the camp for all participants. The camp included blood pressure (BP) monitoring, pulse rate measurement, and traditional Nadi Parikshan (pulse diagnosis). These assessments introduced the attendees to Ayurvedic diagnostic methods and allowed them to gain insights into their personal health through natural evaluation techniques.

The program commenced with an inaugural address by Dr. Ashok Hajare, Principal of the college. He emphasized the significance of Ayurveda and naturopathy, outlining the benefits of an Ayurvedic lifestyle and the importance of preventive healthcare rooted in traditional systems.

The keynote session was delivered by Mr. Umesh Landge, representative of Green Ayur Star. He provided in-depth guidance on Panchakarma, natural therapies, and the role of diet and lifestyle (Aahar–Vihar) in maintaining overall well-being. His engaging presentation, supported by practical examples, captured the attention of the audience and helped them understand the relevance of natural healing in daily life.

The event witnessed enthusiastic participation and created a positive impact. It enhanced awareness about Ayurveda among faculty members, staff, and students, encouraged a health-conscious mindset, and promoted the adoption of natural treatment methods.

The programme was anchored with clarity and confidence by Mr. M. M. Hadadare, who also delivered the vote of thanks. The event was meticulously planned and coordinated

under the guidance of Dr. R. G. Gaikwad and Mr. S. B. Yadav, ensuring smooth execution of all arrangements.

Photographs:



Dignitaries on the dais during the program



Felicitation of guest Mr. Umesh Landge, by Principal Dr. Ashok A. Hajare



Keynote by guest speaker, Mr. Umesh Landge

**NSS Incharge
Dr. R. G. Gaikwad**

**Event Co-coordinator
Mr. S. B. Yadav**